

The Canteen You ♥.



Lunch Menu: Early Years

Please note that this is the standard lunch menu and custom meals to accommodate allergies, intolerances, religious or ethical requests, will be provided to the relevant students

Monday	Tuesday	Wednesday	Thursday	Friday
Pasta with tomato sauce and basil	Pasta with butter and parmesan	Sardinian gnocchetti pasta with tomato sauce	Risotto with zucchini	Pasta with tuna
Turkey strips with lemon	Mozzarella	Pork bites with lemon	Sliced turkey breast	Oven-baked cod (fish) bites
Stewed carrots	Potatoes dressed with olive oil	Tomato salad	Oven-baked fennel	Oven roasted potatoes
AM Break Fresh seasonal fruit	AM Break Yogurt	AM Break Fresh seasonal fruit	AM Break Toasted bread	AM Break Yogurt
PM Break Toasted bread	PM Break Fresh seasonal fruit	PM Break Toasted bread	PM Break Fresh seasonal fruit	PM Break Chocolate pudding

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Lunch Menu: Lower Elementary Years 1, 2, 3

Please note that this is the standard lunch menu and custom meals to accommodate allergies, intolerances, religious or ethical requests, will be provided to the relevant students

Monday	Tuesday	Wednesday	Thursday	Friday
Pasta with tomato sauce and basil	Cold pasta with fresh tomatoes and basil	Gnocchi with tomato sauce	Rice salad with vegetable	Cold pasta salad with tuna and tomato
Turkey strips with lemon	Mozzarella	Pork bites with lemon	Sliced turkey breast	Oven-baked cod (fish) bites
Stewed carrots	Potatoes dressed with olive oil	Tomato salad	Oven-baked fennel	Oven roasted potatoes
Fresh seasonal fruit	Yogurt	Fresh seasonal fruit	Fresh seasonal fruit	Chocolate pudding

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Lunch Menu: Years 4 to 6

Please note that this is the standard lunch menu and custom meals to accommodate allergies, intolerances, religious or ethical requests, will be provided to the relevant students

Monday	Tuesday	Wednesday	Thursday	Friday
Pasta with tomato sauce and basil	Cold pasta with fresh tomatoes and basil	Gnocchi with tomato sauce	Rice salad with vegetable	Cold pasta salad with tuna and tomato
Turkey strips with lemon	Mozzarella	Pork bites with lemon	Sliced turkey breast	Oven-baked cod (fish) bites
Stewed carrots	Potatoes dressed with olive oil	Tomato salad	Oven-baked fennel	Oven roasted potatoes
Fresh seasonal fruit	Yogurt	Fresh seasonal fruit	Fresh seasonal fruit	Chocolate pudding